

# St. Alban's Chronicle

St. Alban's Episcopal Church  
3001 Wisconsin Ave. NW  
Washington, DC 20016

February 2008

## The Alban Course

Being an adult member of St. Alban's Parish means that each of us takes personal responsibility to grow spiritually. The parish provides many resources for everyone to do that. But there is no "one size fits all," because each of us is in a different place in our faith journey. So, spiritual growth and the development of one's faith is not a series of hoops to jump through, rather it is an intentional journey where one chooses to follow Jesus Christ in the fellowship of the Church.

For this journey, we offer what we are now simply calling: *The Alban Course*. This course comprises two eight-week series. One series is on the Christian Narrative, the story from God's Creation to our Consummation in God. The other series is on Christian Practice, how we live that story out in our daily lives. We offer both series each Sunday, one from 9:15 am to 10:30 am and the other from 10:30 am to 11:45 am in the Old Rectory living room. After each eight-week cycle, they switch times. People can begin at any time in either series and take as much time as they want to complete all 16 classes. We offer the classes from September through May (with Sundays off around Christmas and Easter). A description of both series follows here:

### CHRISTIAN PRACTICE

CP 1

*Faithful Living:  
Keeping Sabbath Time*

CP 2

*Christian Virtue:  
Incarnating Forgiveness*

CP 3

*Hospitality & Household Economics  
Ordering our Households*

CP 4

*The Eucharist:  
Living Eucharist in our daily lives*

CP 5

*The Life of Prayer:  
Praying our Lives*

CP 6

*Christian Soulfulness:  
Honoring the Body*

CP 7

*Discernment:  
Holy Listening & Acting*

CP 8

*A Rule of Life:  
Renewing & Disciplining our lives*

### CHRISTIAN NARRATIVE

CN 1

*Creation & Crisis: The Big Bang,  
Evolution, and the Genesis Creation Story*

CN 2

*Calling: The People of Israel  
Abraham, Exodus, & Torah*

CN 3

*Conflict:  
The Prophetic Word & Exile*

CN 4

*Christ: His Life, Death,  
Resurrection & Ascension*

CN 5

*Community: The Church as the  
ongoing Body of Christ*

CN 6

*Consummation:  
Reconciliation & Restoration*

CN 7

*How we interpret the Bible:  
An Anglican Narrative Hermeneutic*

CN 8

*How we understand Human  
Nature and Our Formation in Christ*

The Alban Course helps new and long time parishioners continue to deepen their journey of faith here at St Alban's Parish. We do not take attendance nor test participants on the content of this course. We clearly expect newcomers to participate and, when they are ready to join the Church, to let us know. Newcomers do not need to complete all 16 sessions before becoming members. We simply ask them to make it their intention to do so. Everyone is welcome at any of these sessions.

## St. Alban's E-Café

Beginning this Lent, St. Alban's clergy staff and music director will offer a daily cup of good news through our email list. This brief message may take the form of a theological reflection on a recent event. It may be about a book we just read or a piece of music we heard for the first time. It may be about some mission or ministry idea we are tossing around.

We hope that this daily serving from St Alban's E-Café will augment your spiritual diet and provide food for your soul. We are aware that some people already feel overwhelmed with email, so there will be a clear and easy way for you to opt out of receiving these daily doses of soul food. Look for your first serving on Ash Wednesday, February 6.



We welcome the faithful, the seeker, and the doubter, for God's embrace is wide and God's Good News is for all.

**WORSHIP AND PRAYER SCHEDULE AT ST. ALBAN'S**

8:00 am . . . . . Holy Eucharist, Rite I  
 9:15 am . . . . . Holy Eucharist, Rite II  
 9:15 am . . . . . Children's Chapel  
 9:15 am . . . . . Teen Service / Holy Eucharist  
 11:15 am . . . . . Holy Eucharist, Rite I  
 5:30 pm . . . . . Holy Eucharist, Rite II

**MONDAY**

12:05 pm . . . . . Noonday Prayer

**TUESDAY**

7:30 am . . . . . Holy Eucharist  
 12:05 pm . . . . . Noonday Prayer

**WEDNESDAY**

12:05 pm . . . . . Healing Eucharist

**THURSDAY**

12:05 pm . . . . . Noonday Prayer

**FRIDAY**

12:05 pm . . . . . Noonday Prayer

**CLERGY**

The Reverend Scott A. Benhase, Rector  
 The Reverend Erin Hensley, Assistant Rector for Youth & Young Adult Ministries  
 The Reverend Timothy A. Boggs, Assistant Rector for Stewardship & Outreach Ministries  
 The Reverend Harriette Sturges, Deacon, Coordinator of Children's Ministries  
 The Reverend Lukas Ketenda  
 The Reverend Loren B. Mead, Honorary Associate

**EPISCOPAL CAMPUS MINISTRIES**

Carolyn Seaton, Chaplain, American University

**PARISH STAFF**

Shirley Dickey, Receptionist  
 Eric Gustafson, Parish Administrator  
 Ron Hicks, Parish Verger  
 Vilma Smith, Director of Financial Affairs  
 Sonya Subbayya Sutton, Director of Music  
 Marcia Welch, Communications Coordinator  
 Dr. Norman Scribner, Director of Music Emeritus

**VESTRY OFFICERS**

Kate Bouvé, Senior Warden; Jim Sottile, Junior Warden; Andrea Farr, Secretary; Christopher Holmes, Treasurer

**VESTRY MEMBERS**

Nathalie Bramson; Bill Edgar; Mark Fetterman; Kammiie Hedges; Keith Jones; Dani Kauffman; Sam Lewis; Susan Morris; Jon Sawyer; Mark Shima; Bob Witten; Bob Woolfolk  
 Chase Felker and Colin Mahaffey, Youth Representatives  
 Mary Jane Shackelford, WSA Board Representative

**ST. ALBAN'S EPISCOPAL CHURCH**

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 Tel.: 202-363-8286 Fax: 202-363-6828  
 Office Hours: Mon-Fri 8:30 am - 4:30 pm  
 Web site: www.AlbansDC.org

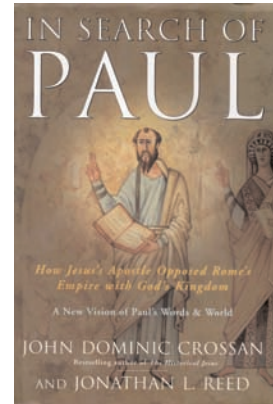
**From our Rector**

Soon after I became the Rector of St. Alban's Parish, I made a promise to all of you that I later realized I had no power to keep. That promise was that in 2007 we would have a balanced budget for the first time in many years that did not also come with a last minute plea for additional giving. While as Rector I could certainly work to establish better budgeting and oversight of spending, I could not, however, provide the generous giving it would take to balance the budget; only you could do that. Well, I am pleased to report that you did give generously and sacrificially in 2007 and we ended the year with a small surplus. This is no insignificant matter. How we give and what we give and how those resources are employed for the mission of Christ's Church are most significant. As Jesus tells us: it shows us where our hearts truly are. I am most thankful as we begin a new year that your generous heart is here at St. Alban's. We have many worthy challenges in our future together. God has big things in store for us. I am excited and eager to see what happens next and I hope you are, too.

—Scott +

**The Wednesday Evening Book Group invites you!**

For years St. Alban's Parish has had a Wednesday evening book group that reads for discussion self-selected books on theology and faith. Our next book is a wonderful new exploration of Paul and the first Christians.



Our practice is to discuss a chapter or section of the book we are reading together. We work our way through each text at an easy pace with self-led discussion. We meet each Wednesday evening at 6:30 pm for a light potluck supper, conversation and closing prayer. Our group is facilitated by Assistant Rector Tim Boggs, who will be happy to get you a copy of our new book and answer any questions you may have. Consider joining us beginning Wednesday, February 13, at 6:30 pm in the Warner Memorial Rectory.

**Ash Wednesday Services**

*Wednesday, February 6*

7:30 am Holy Eucharist with imposition of ashes  
 12:00 pm Holy Eucharist with imposition of ashes  
 6:00 pm\* Holy Eucharist with imposition of ashes

\* note there is only one evening service this year

# St. Albans Inaugural Blood Drive a Life-saving Success

*From donor & Deacon Harriette Sturges:*

A new outreach program started at St. Alban's on January 14th. We'll never know whom we helped or even where. My guess is it would be in the DC area. I like the nondiscriminatory aspect of this ministry. We could help anyone of any age, race, creed, bias, gender or economic status. I'll never meet the person I helped, but I did give an important part of myself to him or her. We all have it to give. In case you haven't guessed, it's giving blood. Do you realize that less than 5 percent of the world's people who qualify to give blood offer it to help others? St. Alban's is now among that 5 percent. On January 14th, we had newcomers, strangers, the bishop's wife, clergy, vestry members and parishioners of all ages lining up to give blood or to volunteer. One thing I liked was the community feeling of it. Young parents came with their babies, who were entertained and played with by other parishioners. It was intergenerational. It was and is outreach and life-giving. —Harriette



*From drive sponsor and grateful parishioner Amy Whitcomb Slemmer:*

Monday, January 14 marked a first for our 153-year-old church. We held a blood drive. Without a history to guide us, and because I was completely new at sponsoring a blood drive, we were flying a bit blind on our inaugural event. The Chesapeake and Potomac Blood Region asked us to collect 39 productive units of blood—that means 39 units that can be tested, manufactured into red cells, platelets and plasma, and transfused into waiting patients. We had 59 people show up at the doors of Satterlee Hall intent on donating blood. Of those who joined us, 32 were brave souls making their very first attempt at donating blood. Over the course of six hours we collected 46 units of blood, which is fantastic for our first foray into this ministry! Imagine, each of those units may be provided to three different people. The recipients will be surgery patients, folks undergoing treatment for cancer, or trauma victims perched on the cusp of life and death.



In addition to our donors, we were helped by many volunteers who assisted in recruiting donors and acted as hosts for our guests. What a gift to see Satterlee Hall transformed from a lunch and exercise area for our Super 60s to a friendly blood donor room and canteen! What a treat to see and hang out with so many friends on a week day! It is a privilege to be part of this wonderfully generous church and community. I am grateful to Scott Benhase for agreeing to this outreach experiment, to the volunteers who joined me for this adventure and for each of you who attempted to donate—whether you succeeded or not—your time and gift make an enormous difference. I have to mention—or I would not be doing my job as a Red Cross employee—that you only have to wait 56 days until your next blood donation! Thank you to everyone who participated.

If you missed your opportunity and would still like to donate, please participate in All Saints' Episcopal Church's blood drive on Tuesday, January 22, from 2-8 pm. Their address is #3 Chevy Chase Circle. When you schedule your appointment, let them know that you are from St. Alban's and your donation will be credited to our drive—for the purpose of our friendly competition and eventual bragging rights! Your appointment can be made at [www.my-redcross.org](http://www.my-redcross.org) or by calling 1-800-GIVE-LIFE. I welcome feedback about your donation experience, as does the Red Cross. If you have comments, call 866-545-5545, or submit them at [www.membersforlife.org/rccm/cs/index.php](http://www.membersforlife.org/rccm/cs/index.php). Again, thank you so much for your kind participation and generosity. —Amy



## The St. Alban's Community Christmas Dinner, December 25, 2007

In a transformed Satterlee Hall on Christmas morning, seasonal greens, wreaths and garlands, red and gold ribbons, poinsettia plants, and Sophia Vastek at the piano set the cheerful ambiance of a holiday party. On red and green tables with a single flickering candle centerpiece of greens sprinkled with Christmas candies, our best china and silverware was laid. A groaning appetizer table adorned with silver candelabra and two silver punch bowls surrounded by bowls of nuts, olives, popcorn, and platters of cheese and crackers all welcomed guests attending the annual St. Alban's Community Christmas Day Dinner. Mary Sivertsen graciously served punch and appetizers; Cliff and Michele Bond, Liz, Lilian, and Matthew greeted guests, took coats, helped people find seating, even cleverly found a special place for a woman who was allergic to candle smoke. Miko Marina Bühler brought as her honored guests an Assistant Bishop and his wife from Africa.

As guests came in and stopped by the welcome table to make name tags and scan the room for friends they had arranged to meet, they dropped contributions large and small into the basket at the table. It seemed to be so important for everyone to contribute to the success of our dinner: those who brought food, gave money or services, those who cooked and served, and those who came to join friends and to eat at the community table. During the dinner, a woman came up for change for a large bill to loan money to a tablemate who had forgotten her money and wanted to leave to walk up to the local ATM.

At about eight o'clock that morning, Bill Hall and daughters Kathleen and a sleepy Rachel led numerous cooks and carvers armed with aprons and knives into the Satterlee Hall kitchen to begin carving turkeys and hams, opening cans of sweet potatoes and green peas, rattling pots and pans and filling the air with deliciously inviting smells, while parishioners of all ages streamed into the room with turkeys, hams, pies, cakes and appetizers. Ellen Schou cut pies and cakes, reporting that about 195 pieces had been cut before pies 18 and 19 came in. The lady from the Synagogue who comes every year, adorned with apron and ready to do anything, checked in periodically to see what else needed doing.

On Christmas Eve Larry Hamlet brought his friend Mary and her niece to begin decorating the tables that Armondo and his crew had already arranged in Satterlee Hall, Room 203 and the library. Lacey Gude raced in with her bags of beautifully berried holly before she went home to cook for

her gathering on Christmas Day. Tim Boggs, and Ginny and Steve Bergen dragged in branches of greens from plants in their yards. Ron had already ordered cases of food from our regular supplier, which Armondo stacked in the storage garage and then hauled out again after the chair closet across from the kitchen had been cleared out. Shirley Hughes and Diana Smith shopped around town for the extras we needed: candles, and spices, candies and eggnog and gallons of ginger ale and cranberry juice. One of our community neighbors who had not called in a reservation to Shirley in the office earlier in the week came by, anxious to know if he could still come to the dinner. He smiled happily as he signed his name and was graciously welcomed to return for the dinner along with those on the list of about 50 people who had called in to the office during the week before.

On Sundays before Christmas, parishioners added their names to growing lists of those who wanted to donate cooked turkeys and hams and pies or volunteer to set up, cook, carve or clean up. Parishioners who couldn't do those things gave generous cash and checks. "What can I do," or "how can I help" questions abounded. Young parents wanted to know how to include their children in the dinner. Sign-up volunteers suggested bringing the little ones along with the turkey or pie as it was offered up on Christmas morning; parents of older children and teens were invited to have them come in to help serve.

And come they did. As I watched from my perch at the welcome table that happy Christmas morning, I saw proud very young parishioners march in with pies held high and Christmas-lit eyes looking all around the busy room. Then there were all these grown up kids with their parents: John Durkee was in the kitchen with his dad; the Masters family kids and their dad did everything from running to the store for more eggnog to filling bowls on the appetizer table and serving food. A tall senior in college, Sam Bramson, came in with his mother. Ginny and Steven Bergen's adult son was everywhere doing everything. I heard there was friendly banter in the kitchen when a young teen complained, "It's not fair, I'm working and you old geezers aren't," reported by Adrian Loftin and overheard by Chris Galik, both veteran members of the carving team. Sam Lewis had already flown out with apron swinging to acolyte at the Christmas service.

Nick Karas in his relaxed, friendly and competent way got servers organized and after Scott welcomed everyone and

*Christmas Dinner continues on page 5...*

*Christmas Dinner continued from page 5...*

blessed the food, the dinner began in earnest. The room buzzed with activity, as servers quickly brought out large platters heaped with turkey, ham and stuffing. Gravy bowls went to the tables one by one, and servers walked around with baskets of rolls to each table. Cranberry sauce appeared on the tables, along with bottles of sparkling cider and pitchers of water. Oops! Someone noticed that there were no glasses on the tables! Ron hustled off to the mysteriously stacked source of all things, and glasses were suddenly right there on the tables. Coffee was served this year in our bright blue St. Alban's mugs. Vegetables were served from big bowls carried to the tables. One of the children put a plate of turkey and sweet potatoes in front of me; another brought a drink of punch, and Scott, with sleeves rolled up, flew by with mashed potatoes and put a large spoonful on my plate saying, "you need to get some flesh on your bones." Doesn't that sound like a father, albeit one with a collar? After the food was out and some clean up begun in the kitchen, an exhausted veteran of the kitchen crew, Jean Fairman, ate a piece of pie with me and we marveled at what was again turning out to be a wonderful living community in action—this traditional St. Alban's gathering that is all about Christmas and all about community. It is as impossible to describe as it is to name everyone and each important contribution. It is equally impossible to describe the wonderful feeling of it all. By three o'clock on Christmas afternoon a large clean up crew had come and gone, and the pots and pans, dishes and mugs were washed and put away. The guests and helpers were gone, and Satterlee Hall was ready for what was to come next. It happens year after year. Don't miss being a part of it next year. —*The Christmas Dinner Committee*

## Singer/Songwriter Dave Potts to perform fund-raiser concert at St. Alban's



Alabama-based Singer/Songwriter Dave Potts will appear in concert Friday, February 22, at 7:30 pm in the Church to raise funds for the homeless and hunger ministries of St. Alban's Parish. Doors will open at 6:30 pm; the show will start at 7:30 pm, with an opening set by Sam Hensley, husband of Erin Hensley, St. Alban's Assistant Rector for Youth & Young Adult Ministries. Tickets are \$10, and can be purchased online at [www.albansdc.org](http://www.albansdc.org), or at the door the night of the concert.

Potts is one of the new breed of contemporary American singer/songwriters. With a mastery of lyric and a unique style of musical storytelling, Dave brings his stories to life with what *Dirty Linen* magazine calls "lines that will tug at even the most jaded heart." He has won several national and international songwriting competitions, and has won the audience of several prominent folk icons, including Christine Lavin, with whom he will share the stage at the Birchmere the following night. His sincere songwriting, coupled with his quick wit, will make for a wonderfully entertaining evening, with all net proceeds going to support the homeless and hunger ministries of St Alban's Parish. To learn more about Potts, and to listen to music clips, visit [www.davepotts.com](http://www.davepotts.com). For more information on the evening, contact Sam Hensley, [sam@samhensley.com](mailto:sam@samhensley.com).

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## J2A Group to attend "Seussical" Lock-In in March

On March 1-2, the J2A group will hold a lock-in at the old rectory. We'll connect to God with Dr. Seuss, whose birthday is March 2, by looking at his stories *The Sneetches*, *Yertle the Turtle*, and *The Lorax* to see how they connect with our personal stories as well as the stories in Holy Scripture. The lock-in will begin at 7 pm with pizza and games, followed by some time with Dr. Seuss' books. The word "gospel" is from a Greek word that means *good news*. After reading each book aloud, we will choose a page that declares good news and ponder that news with questions like: "What is the world like?" "What is hurtful or destructive?" "What is surprising?" "Where is God?" "What would make things turn out right?" "What does this remind you of in Holy Scripture?" and "What good news is God calling us to proclaim in this story?" After these conversations, we'll watch the movie of *The Cat in the Hat* followed by candlelight compline at midnight in the sanctuary. We'll get some sleep, walk to Starbucks to get breakfast, then go to church together. The J2A lock-in will be fun and formational for all who come. All you need is a sleeping bag, pillow, needed toiletries, appropriate pajamas, clothes for Sunday morning, and money for breakfast. Please leave cell phones, iPods, and other personal electronic devices at home. In case of an emergency, there is a phone in the old rectory. Friends are always welcome. If you have any questions or concerns, please don't hesitate to contact Erin at 202-363-8286,x207 or [erinh@st-albans-parish.org](mailto:erinh@st-albans-parish.org).

## “Sing Out for Shelter” concert to benefit the homeless

The 16th Annual Sing Out for Shelter (SOS) concert to benefit three organizations that serve homeless men and women will be held Saturday, February 9, 2008, at 8 pm at the Metropolitan Memorial United Methodist (MMUM) Church at 3401 Nebraska Ave., Washington DC. The concert is organized by the Augmented Eight—a non-profit, men’s a cappella singing group that has performed for Washington audiences for more than 50 years.

This annual concert of a cappella vocal music benefits three local organizations that serve the more than 30,000 individuals who experience homelessness each year in the Greater Washington DC Region: the Community Council for the Homeless at Friendship Place, Christ House, and MMUMC’s Metropolitan House. These concerts have raised more than \$100,000 in the past 15 years. This year’s concert will feature the Yale Whiffenpoofs, Cartoon Johnny, and Tonic & Gin, as well as the Augmented Eight.

Tickets will be available at the door for a tax-deductible donation of \$15 (students and seniors), \$25 (general admission), and \$50 (patrons and preferred seating). Children under the age of 12 will be admitted free. Sponsors also welcome personal and corporate donations.

## Royal School of Church Music 80th anniversary celebration

*Saturday, February 2, 3 pm, Washington National Cathedral*

More than 450 singers of all ages from around the country will gather at the Washington National Cathedral on Saturday, February 2 at 3 pm to celebrate the 80th anniversary of the Royal School of Church Music with a service of music and readings entitled PSALLAM. St. Alban’s Choristers will participate, and Sonya Sutton will be one of five conductors, along with Michael McCarthy, Ben Hutto, John Harper and William Bradley Roberts. The event is free and open to the public.

## Choir to give pre-tour concert

*Sunday, February 17, 7 pm, Church*

Before embarking on its first-ever tour, choir members from St. Alban’s (from all three adult choirs) who are travelling to Italy February 21-28 will sing their program of *a cappella* sacred music in concert at 7 pm on February 17, in the church. The program includes music of Britten, Palestrina, Poulenc, local composers Gary Davison and Leo Nestor, spirituals and much more.

Our trip has us singing at St. Peter’s Basilica for the Sunday evening Mass, in concert at St. Ignatius, and for a service at St. Paul’s Within the Walls in Rome. We will also sing concerts in Assisi, at the residence of the American ambassador to the Vatican, and in a special service in the Catacombs.

Most of the singers are paying their own way, but our fund-raising efforts during the past eight months have made it possible for everyone who wanted to go on this trip to do so. Along the way we gave St. Albanites some memorable moments—the yard sale in June (featuring the sale of John the Baptist’s head); concerts showcasing all of our instruments; another concert in September, which featured our own singer/songwriter David Geyer; the glamorous Gala and Rosa Lamoreaux’s elegant performance in October; and a fun-filled evening of opera and laughter in January.

The choirs of St. Alban’s give so much to this parish. Our hope is that they will come back from this trip, spiritually and musically enriched, willing and able to give even more to our parish’s worship and community life.

Let’s send them on their way with a sense of pride and excitement. Please join us on Sunday, February 17, at 7pm.

## Three Lenten evenings on forgiveness

This year St. Alban's will offer three stimulating Lenten evenings for all ages. Starting with a simple parish supper together, we will then break into three separate gatherings of adults, youth and children for reflection, activities and conversation on forgiveness, a central teaching of the Christian faith.

### *Save the Dates*

More details on these evenings will follow, but mark your calendars now for this event to be held on: February 28, March 6, and March 13 from 6- 8 pm.

Child care for infants and young children will be provided as needed.

*And be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.*—Ephesians 4:32

## Samaritan Ministry's 2008 Mardi Gras Fund-raiser

Enjoy great entertainment, hors d'oeuvres, a live auction and raffle at Samaritan Ministry's 2008 Mardi Gras Fund-raiser, Saturday, February 2, from 6-8:30 pm at The American Institute of Architects. Contact Lashawn Douglas or Kelli Bland, events@amomentsnotice.biz, 202-667-2224.

## Lifting the Veil on Addiction: An evening with William Cope Moyers

*Wednesday, February 20, 7 pm, Washington National Cathedral*

From his personal experience, first made public in father Bill Moyers's PBS series *Close to Home*, William Cope Moyers carries the message of his spiritual recovery from drug addiction. In the halls of Congress and churches alike, he advocates for the changes in public policy needed to heal the chronic, pervasive disease of addiction at a time when the "war on drugs" is still the reigning method.

Millions of us struggle either personally with addiction or through the lives of people we love. The suffering stems not only from the disease but from the stigma attached to it. Moyers is at the forefront of a movement of people in recovery asking publicly for the disease to be recognized and healed—medically and socially. Come into community on this night to hear a true story openly told of the power of addiction, and the promise and possibility for recovery that can transform individuals and our society.

William Cope Moyers is the vice president for external affairs at the Hazelden Foundation in St. Paul, Minnesota, where he lives with his wife and three children. A former newspaper journalist and CNN writer, he authored the recently published memoir *Broken: My Addiction and Redemption* with Katherine Ketcham.

Ticket prices: \$16—regular; \$9—Students, Seniors 65+, Limited Income. A portion of this event's proceeds will be donated to N Street Village, a non-profit community offering services and resources to homeless and low-income women.

## A Bit of Fun from "An Evening at the Opera: Three Kings and Friends"

St. Alban's held an evening of family and frivolity on January 6 that featured the professional singers of St. Alban's Parish. The following lyrics are to a song sung in honor of Sonya Sutton, St. Alban's Director of Music. The text was written by Jo Turner and sung to the tune "He is an Englishman" from H.M.S. Pinafore. Jo offered her "apologies to Gilbert & Sullivan!"

### *For Sonya*

She, humble, kind and gifted well;  
The queen of organs, bells and  
keyboard;

The love of Eugene, so he'll tell;  
The fairest on the eastern seaboard  
Has dared to raise our choral group  
To more than what we'd thought  
we'd shoulder.

Her fame spreads 'round a  
church-wide loop,  
She is an Anglican! Behold her!

E-Pis-Co-Pal-I-An!

She is an Anglican. For she herself has  
said it, And it's  
greatly to her credit, That she is an  
Anglican!

An Episcopalian!  
For she might have been a Lutheran,  
Methodist,

Unchurched, forsooth! (eran),  
Or a Unitarian!

Or a Unitarian!

But in spite of tempting hires  
For other church's choirs,  
She's a St. Albanian!  
She's a St. Albanian!

## Learn to knit in three easy lessons

We'll make squares into a blanket for someone who needs it. Supplies will be provided. This is especially designed for boys and girls ages 8-10. Group are limited to 6. Contact Harriette Sturges, 202-363-8286, HarrietteS@st-albans-parish.org, to arrange times. Teen and adult helpers are welcome.

## Summer programs for children 4 & 5

The Reverend Harriette Sturges will lead a special program for our 4- and 5-year-old children June 23-25 from 5-7 pm. The program will include a balance of play, prayer and service, along with a light supper. Harriette would love to have some volunteers. The program will be limited to 10 children, so sign up quickly. If there is interest we'll hold another program in August. Contact Harriette Sturges, 202-363-8286, HarrietteS@st-albans-parish.org.

## Vacation Bible School

It's never too early to start planning for Vacation Bible School. This summer's program will be for children ages 6-9. Those 10 and up can serve as leaders. We'll meet July 14-17 (Monday-

Thursday) from 5:30-8 pm in Satterlee Hall Trenbath. Volunteers are needed to plan, provide food, lead activities, sing, set up and clean up, prepare materials and pray for us. Contact Harriette Sturges, HarrietteS@st-albans-parish.org, 202-363-8286, for details .

## Kids Reaching Out

This Advent our children brought in more than 100 children's books to send to the poorest school district in the nation. We are open to other ideas of how St. Alban's children can participate in outreach activities. We invite our outreach leaders to think about how children might be included in their programs or perhaps they need separate activities? This would be a great ministry for teens and/or adults to take on as leaders. For details, contact Harriette Sturges, HarrietteS@st-albans-parish.org, 202-363-8286.

## 12-Step Eucharist will not be held in February

Please note that the 12-Step Eucharist will not be held on February 6 due to Ash Wednesday services. The 12-Step Eucharist will resume its normal schedule on Wednesday, March 5, at 7:30 pm. The 12-Step Eucharist service includes lay preaching as well as meaningful integra-

tion of the 12 steps into the liturgy of Holy Eucharist. All are welcome.

## St. Alban's After Hours

If your workweek is too busy, have no fear. On the first Friday of every month, young adults at St. Alban's gather for St. Alban's After Hours. People come by after work, anytime after 5 pm and before 7 pm, for fellowship, dart playing, video games, pool, or just talk. We meet at Atomic Billiards at 3427 Connecticut Ave. Please mark your calendars for St. Alban's After Hours on the first Friday of every month: Feb. 1, March 7, April 4, May 2,... If you have any questions, please contact Erin Hensley at 202-363-8286, x207 or erinh@st-albans-parish.org.

## Shrove Tuesday Pancake Supper

St. Alban's Rite 13 will host the Shrove Tuesday Pancake Supper Tuesday, February 5, from 6-7:30 pm, in Satterlee Hall. Come for the supper and hear the band "The Sheiks of Dixie." Tickets are \$3 for children, \$6 for adults, and \$16 for families and can be purchased on Sunday February 3 or at the door the evening of the event. Proceeds will go to support Rite 13's beach trip in 2009.

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Submit articles for the *Chronicle* to: EricG@st-albans-parish.org

Articles for the March 2008 *Chronicle* must be received by February 15, 2008

Articles for the April 2008 *Chronicle* must be received by March 15, 2008

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