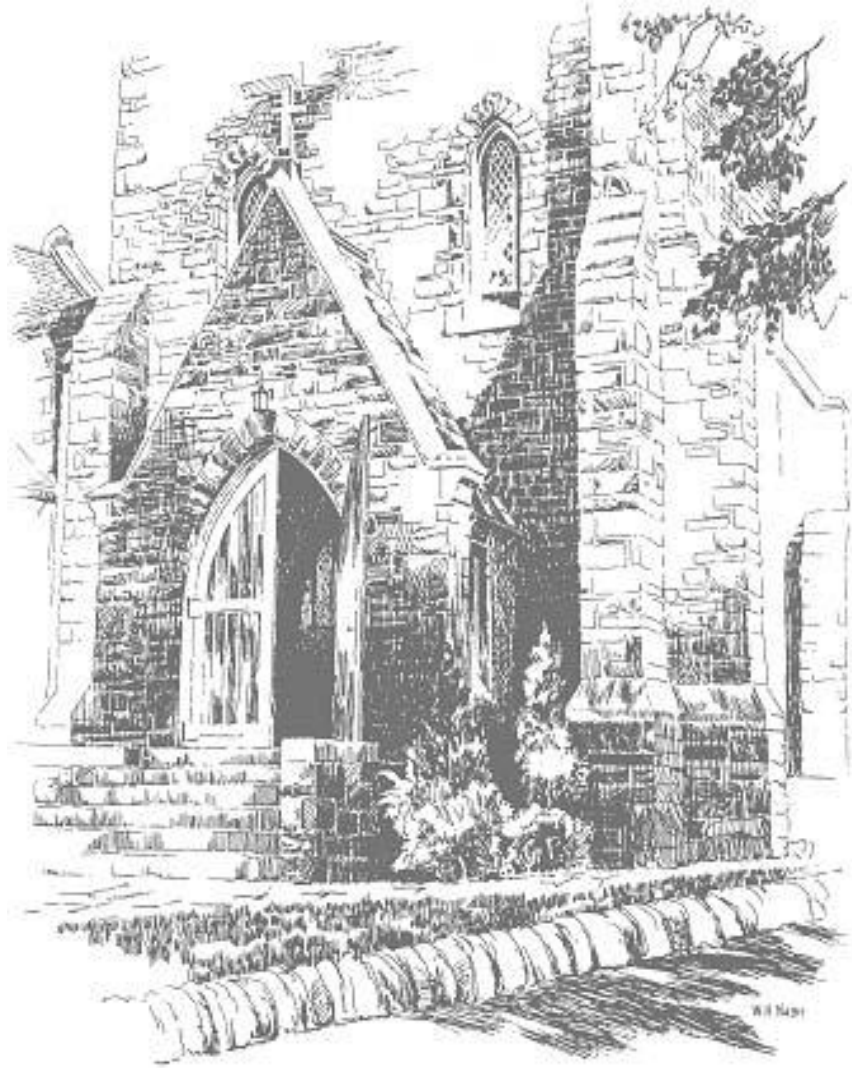


Liturgy of the Resurrection



A Guide for Burial and Funeral Planning
at St. Alban's Parish
Washington, DC

When someone dies

We are never prepared for the emotional and spiritual shock and heavy responsibilities that come when someone we love dies. The Church is here to help you with decisions, obligations, and the Christian services that are so important in dealing with the grief we experience. The Church is a community of hope, not in spite of, but because of death. Because Jesus died on the Cross and rose from the dead, we believe that we, too, shall live with him despite our death. When someone you love dies, the Church is present to reaffirm that resurrection hope, to offer you confidence in the midst of mourning, and to provide practical help in burial arrangements.

Help and hope

When someone you love is near death, please do not delay in contacting the parish office. The clergy of the parish will come to wherever you are. They will gather family and friends and offer prayers, often called the “Last Rites” of the Church, to commend your loved one to God. The Clergy will also offer you practical counsel and support. This includes making arrangements for the liturgy and determining the details for burial or cremation.

Planning the liturgy

The liturgy is appropriately held in the Church where the parish family regularly gathers for worship. A visitation can also be held at the Church the evening before the liturgy. If you desire, however, this can be held in one of our halls, at the family home, or a funeral home. The body may be present with the coffin closed covered with a pall signifying our resurrection hope. After the liturgy, a reception can be held in one of our halls. Please contact the parish office for details about availability.

The Liturgy of the Resurrection

In the Church, the burial liturgy is rightly called the "Liturgy of the Resurrection." It is an Easter liturgy, regardless of the season of the Church year. The liturgy contains prayers, psalms, scripture readings, and hymns. One of the parish clergy will help you shape the liturgy, reflecting the life of the one mourned and the hopefulness of the Christian faith. All burials rites used at St. Alban's Parish conform to the rites found in the Book of Common Prayer of the Episcopal Church.

Music is an important part of the liturgy. The Parish Music Director pro-vides support and direction for choosing hymns and other music that emphasize the resurrection to eternal life. A homily based on the scripture chosen is preached by one of the parish clergy at the liturgy. The homily emphasizes the promises of Christ. It is not the practice of the Episcopal Church to have eulogies at the liturgy. It is appropriate for family members or friends of the deceased person to offer a remembrance, reflection, or poem during the liturgy. Because of the nature and movement of our liturgical worship, we limit the number of these to three.

The Holy Eucharist is central to our understanding of the Christian hope and promise of God. It is therefore a most appropriate part of any Liturgy of the Resurrection. If the Body is present for the liturgy, the coffin is closed throughout and covered with a pall symbolizing the hope all Christians are given when they are clothed in baptism and marked as Christ's own forever.

What about cremation?

The Episcopal Church approves of cremation as well as the burial of the body. Ashes may be interred in our Parish Columbarium (if pre-arrangements have been made) or in another place depending on the desire of the deceased person and her/his family.

What is a Memorial Service?

Since families are often great distances apart, sometimes it is necessary to delay the liturgy until after the body has been cremated or buried. These are known as "Requiems" or "Memorial Services." This is simply another term for the "Liturgy of the Resurrection," which is to remember a loved one and commend that person to God's eternal presence. It usually refers to a delayed liturgy, or one at which the body is not present. In any case, each liturgy is a requiem, because at each liturgy we remember.

What about the costs?

The basic cost is \$850. This covers all the parish's expenses, except for altar flowers beyond the standard arrangement (which must be negotiated directly with a Flower Guild representative). The Director of Parish Administration can put you in touch with the representative. Also, if the family wishes to hold a reception in one of our halls following the liturgy or a wake the evening before, the cost is an additional \$600. The parish finance office should receive payment prior to the liturgy. There may be other costs associated with special requests. The Director of Parish Administration can inform you what those costs would be after consulting with the appropriate persons. If you are struggling financially, you can confidentially approach the Rector and he can waive all or part of the above fee.

Pre-arrangement

A factor to be considered in the time, energy, and cost of burial is pre-arrangement. You can arrange for the services of a funeral home by paying the fees in advance. Also, there are "memorial societies" that can help you make low-cost arrangements. Funeral homes and memorial societies will provide you with information about procedures and costs for such pre-arrangements. A pre-arranged burial can lessen stress on one's family.

The Parish Office has a form that you can complete and return to the office that will clearly describe your wishes and instructions for your burial and for the Liturgy of the Resurrection. The clergy of the parish can help you complete this form, if you so desire.

Selections from the Old Testament

Isaiah 25:6-9

On this mountain the Lord of hosts will make for all peoples a feast of rich food, a feast of well-aged wines, of rich food filled with marrow, of well-aged wines strained clear. And he will destroy on this mountain the shroud that is cast over all peoples, the sheet that is spread over all nations; he will swallow up death forever. Then the Lord God will wipe away the tears from all faces, and the disgrace of his people he will take away from all the earth, for the Lord has spoken. It will be said on that day, Lo, this is our God; we have waited for him, so that he might save us. This is the Lord for whom we have waited; let us be glad and rejoice in his salvation.

Isaiah 61:1-3

The spirit of the Lord God is upon me, because the Lord has anointed me; he has sent me to bring good news to the oppressed, to bind up the broken-hearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the Lord's favor, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion—to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the LORD, to display his glory.

Lamentations 3:22-26, 31-33

The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. 'The Lord is my portion,' says my soul, 'therefore I will hope in him.' The Lord is good to those who wait for him, to the soul that seeks him. It is good that one should wait quietly for the salvation of the Lord. For the Lord will not reject forever. Although he causes grief, he will have compassion according to the abundance of his steadfast love; for he does not willingly afflict or grieve anyone.

Wisdom 3:1-5, 9

The souls of the righteous are in the hand of God, and no torment will ever touch them. In the eyes of the foolish they seemed to have died, and their departure was thought to be a disaster, and their going from us to be their destruction; but they are at peace. For though in the sight of others they were punished, their hope is full of immortality. Having been disciplined a little, they will receive great good, because God tested them and found them worthy of himself; Those who trust in him will understand truth, and the faithful will abide with him in love, because grace and mercy are upon his holy ones, and he watches over his elect.

Job 19:21-27

Job answered, "Have pity on me, have pity on me, O you my friends, for the hand of God has touched me! Why do you, like God, pursue me, never satisfied with my flesh? 'O that my words were written down! O that they were inscribed in a book! O that with an iron pen and with lead they were engraved on a rock forever! For I know that my Redeemer lives, and that at the last he will stand upon the earth; and after my skin has been thus destroyed, then in my flesh I shall see God, whom I shall see on my side, and my eyes shall behold, and not another.'"

Selections from the Psalms

Psalm 23

King James Version

Said in unison

*The Lord is my shepherd; *
I shall not want.
He maketh me to lie down in green pastures; *
he leadeth me beside the still waters.
He restoreth my soul; *
he leadeth me in the paths of righteousness for his Name's sake.
Yea, though I walk through the valley of the shadow of death,
I will fear no evil; *
for thou art with me; thy rod and thy staff, they comfort me.
Thou preparest a table before me
in the presence of mine enemies; *
thou anointest my head with oil; my cup runneth over.
Surely goodness and mercy shall follow me
all the days of my life, *
and I will dwell in the house of the Lord for ever.*

Psalm 42 *Note: People say the bolded sections.*

As the deer longs for the water-brooks, *
so longs my soul for you, O God.

***My soul is athirst for God, athirst for the living God; *
when shall I come to appear before the presence of God?***

My tears have been my food day and night, *
while all day long they say to me, "Where now is your God?"

***I pour out my soul when I think on these things: *
how I went with the multitude and led them into the house of God,***

With the voice of praise and thanksgiving, *
among those who keep holy-day.
***Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?***

Put your trust in God; *
for I will yet give thanks to him, who is the help of my countenance, and my God.
***My soul is heavy within me; *
therefore I will remember you from the land of Jordan, and from the peak of Mizar among the
heights of Hermon.***

One deep calls to another in the noise of your cataracts; *
all your rapids and floods have gone over me.

***The Lord grants his loving-kindness in the daytime; *
in the night season his song is with me, a prayer to the God of my life.***

I will say to the God of my strength, “Why have you forgotten me? *
and why do I go so heavily while the enemy oppresses me?”

***While my bones are being broken, *
my enemies mock me to my face;***

All day long they mock me *
and say to me, “Where now is your God?”

***Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?***

Put your trust in God; *
for I will yet give thanks to him, who is the help of my countenance, and my God.

Psalm 46 *Note: People say the bolded sections.*

God is our refuge and strength, *
a very present help in trouble.

***Therefore we will not fear, though the earth be moved, *
and though the mountains be toppled into the depths of the sea;***

Though its waters rage and foam, *
and though the mountains tremble at its tumult.

***The Lord of hosts is with us; *
the God of Jacob is our stronghold.***

There is a river whose streams make glad the city of God, *
the holy habitation of the Most High.

***God is in the midst of her; she shall not be overthrown; *
God shall help her at the break of day.***

The nations make much ado, and the kingdoms are shaken; *
God has spoken, and the earth shall melt away.

*The Lord of hosts is with us; **
the God of Jacob is our stronghold.

Come now and look upon the works of the Lord, *
what awesome things he has done on earth.

*It is he who makes war to cease in all the world; **
he breaks the bow, and shatters the spear, and burns the shields with fire.

“Be still, then, and know that I am God; *
I will be exalted among the nations;

*I will be exalted in the earth.”The Lord of hosts is with us; **
the God of Jacob is our stronghold.

Psalm 90 *Note: People say the bolded sections.*

Lord, you have been our refuge *
from one generation to another.

*Before the mountains were brought forth, or the land and the earth were born, **
from age to age you are God.

You turn us back to the dust and say, *
“Go back, O child of earth.”

*For a thousand years in your sight are like yesterday when it is past **
and like a watch in the night.

You sweep us away like a dream; *
we fade away suddenly like the grass.

*In the morning it is green and flourishes; **
in the evening it is dried up and withered.

For we consume away in your displeasure; *
we are afraid because of your wrathful indignation.

*Our iniquities you have set before you, **
and our secret sins in the light of your countenance.

When you are angry, all our days are gone; *
we bring our years to an end like a sigh.

*The span of our life is seventy years, perhaps in strength even eighty; *
yet the sum of them is but labor and sorrow, for they pass away quickly and we are gone.*

Who regards the power of your wrath? *
who rightly fears your indignation?

*So teach us to number our days *
that we may apply our hearts to wisdom.*

Return, O Lord; how long will you tarry? *
be gracious to your servants.

*Satisfy us by your loving-kindness in the morning; *
so shall we rejoice and be glad all the days of our life.*

Make us glad by the measure of the days that you afflicted us *
and the years in which we suffered adversity.

*Show your servants your works *
and your splendor to their children.*

May the graciousness of the Lord our God be upon us; *
prosper the work of our hands; prosper our handiwork.

Psalm 121 *Note: People say the bolded sections.* NRSV

I lift up my eyes to the hills; *
from where is my help to come?

*My help comes from the Lord, *
the maker of heaven and earth.*

He will not let your foot be moved *
and he who watches over you will not fall asleep.

*Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;*

The Lord himself watches over you; *
the Lord is your shade at your right hand,

*So that the sun shall not strike you by day, *
nor the moon by night.*

The Lord shall preserve you from all evil; *
it is he who shall keep you safe.

***The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.***

Psalm 121 *Note: People say the bolded sections.* KJV

I will lift up mine eyes unto the hills,*
from whence cometh my help.

***My help cometh from the LORD,*
which made heaven and earth.***

He will not suffer thy foot to be moved:*
he that keepeth thee will not slumber.

***Behold, he that keepeth Israel*
shall neither slumber nor sleep.***

The LORD is thy keeper:*
the LORD is thy shade upon thy right hand.

***The sun shall not smite thee by day,*
nor the moon by night.***

The LORD shall preserve thee from all evil:*
he shall preserve thy soul.

***The LORD shall preserve thy going out and thy coming in*
from this time forth, and even for evermore.***

Psalm 130 *Note: People say the bolded sections.*

Out of the depths have I called to you, O Lord; Lord, hear my voice; *
let your ears consider well the voice of my supplication.

***If you, Lord, were to note what is done amiss, *
O Lord, who could stand?***

For there is forgiveness with you; *
therefore you shall be feared.

***I wait for the Lord; my soul waits for him; *
in his word is my hope.***

My soul waits for the Lord, more than watchmen for the morning, *
more than watchmen for the morning.

***O Israel, wait for the Lord, *
for with the Lord there is mercy;***

With him there is plenteous redemption, *
and he shall redeem Israel from all their sins.

Psalm 139 *Note: People say the bolded sections.*

Lord, you have searched me out and known me; *
you know my sitting down and my rising up; you discern my thoughts from afar.

***You trace my journeys and my resting-places *
and are acquainted with all my ways.***

Indeed, there is not a word on my lips, *
but you, O Lord, know it altogether.

***You press upon me behind and before *
and lay your hand upon me.***

Such knowledge is too wonderful for me; *
it is so high that I cannot attain to it.

***Where can I go then from your Spirit? *
where can I flee from your presence?***

If I climb up to heaven, you are there; *
if I make the grave my bed, you are there also.

***If I take the wings of the morning *
and dwell in the uttermost parts of the sea,***

Even there your hand will lead me *
and your right hand hold me fast.

*If I say, "Surely the darkness will cover me, *
and the light around me turn to night,"*

Darkness is not dark to you; the night is as bright as the day; *
darkness and light to you are both alike.

Selections from the New Testament

Romans 8:14-19,34-35, 37-39

All who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword?

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

I Corinthians 15:20-26, 35-38, 42-44, 53-58

Christ has been raised from the dead, the first fruits of those who have died. For since death came through a human being, the resurrection of the dead has also come through a human being; for as all die in Adam, so all will be made alive in Christ. But each in his own order: Christ the first fruits, then at his coming those who belong to Christ. Then comes the end, when he hands over the kingdom to God the Father, after he has destroyed every ruler and every authority and power. For he must reign until he has put all his enemies under his feet. The last enemy to be destroyed is death.

But someone will ask, 'How are the dead raised? With what kind of body do they come?' Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body.

So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body.

For this perishable body must put on imperishability, and this mortal body must put on immortality. When this perishable body puts on imperishability, and this mortal body puts on immortality, then the saying that is written will be fulfilled:

‘Death has been swallowed up in victory.’

‘Where, O death, is your victory?’

Where, O death, is your sting?’

The sting of death is sin, and the power of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ.

Therefore, my beloved,* be steadfast, immovable, always excelling in the work of the Lord, because you know that in the Lord your labor is not in vain.

II Corinthians 4:16-5:9

We do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens. For in this tent we groan, longing to be clothed with our heavenly dwelling— if indeed, when we have taken it off* we will not be found naked. For while we are still in this tent, we groan under our burden, because we wish not to be unclothed but to be further clothed, so that what is mortal may be swallowed up by life. He who has prepared us for this very thing is God, who has given us the Spirit as a guarantee.

So we are always confident; even though we know that while we are at home in the body we are away from the Lord— for we walk by faith, not by sight. Yes, we do have confidence, and we would rather be away from the body and at home with the Lord. So whether we are at home or away, we make it our aim to please him.

I John 3:1-2

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God’s children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is.

Revelation 7:9-17

After this I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying, “Salvation belongs to our God who is seated on the throne, and to the Lamb!”

And all the angels stood around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshipped God, singing, “Amen! Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God for ever and ever! Amen.”

Then one of the elders addressed me, saying, “Who are these, robed in white, and where have they come from?” I said to him, “Sir, you are the one that knows.” Then he said to me, “These are they who have come out of the great ordeal; they have washed their robes and made them white in the blood of the Lamb.

For this reason they are before the throne of God, and worship him day and night within his temple, and the one who is seated on the throne will shelter them. They will hunger no more, and thirst no more; the sun will not strike them, nor any scorching heat; for the Lamb at the centre of the throne will be their shepherd, and he will guide them to springs of the water of life, and God will wipe away every tear from their eyes.”

Revelation 21:2-7

And I saw the holy city, new Jerusalem, coming down from God out of heaven, prepared as a bride adorned for her husband.

And I heard a great voice out of heaven saying, “See, the home of God is among mortals. He will dwell with them as their God; they will be his peoples, and God himself shall be with them; he will wipe every tear from their eyes. Death will be no more; mourning and crying and pain will be no more, for the first things have passed away.”

And the who was seated upon the throne said, “See, I make all things new.” Also he said unto me, “Write this, for these words are trustworthy true.”

And he said to me, “To the thirsty I will give water as a gift from the spring of the water of life. Those who conquer will inherit these things, and I will be their God and they will be my people.”

Gospel Selections

John 5:24-27

Jesus said, “Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgment, but has passed from death to life.”

“Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to execute judgment, because he is the Son of Man.”

John 6:37-40

Jesus said, “All that the Father gives me will come to me, and anyone who comes to me I will never drive away; for I have come down from heaven, not to do my own will, but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day.”

John 10:11-16

Jesus said, “I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd.”

John 11:21-27

Martha said to Jesus, “Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.” Jesus said to her, “Your brother will rise again.” Martha said to him, “I know that he will rise again in the resurrection on the last day.” Jesus said to her, “I am the resurrection and the life. Those who believe in me, even though they die, will live, and every-one who lives and believes in me will never die. Do you believe this?” She said to him, “Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.”

John 14:1-6

Jesus said to his disciples, “Do not let your hearts be troubled. Believe in God, believe also in me. In my Father’s house there are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going.” Thomas said to him, “Lord, we do not know where you are going. How can we know the way?” Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.”

St. Alban's Parish

Worship Schedule

Sundays

8:00 am Holy Eucharist, Rite I
9:15 am Holy Eucharist, Rite II
9:15 am Teen Service—Holy Eucharist, Rite II
11:15 am Holy Eucharist, Rite I
5:30 pm Holy Eucharist, Rite II

Weekdays

Tuesdays

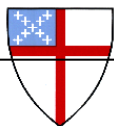
7:30 am Holy Eucharist

Mondays, Tuesdays, Thursdays & Fridays

Noon Noonday Prayer

Wednesdays

Noon Healing Eucharist



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